

**Perspectives on Reducing Violence and Challenging Behaviour**  
**Positive and Safe Medical CPD day**  
**23<sup>rd</sup> May 2019**  
**Novotel, Kingston Park, NE3 3HZ**

<b>Chair</b>	<b>Dr Keith Reid, Consultant Psychiatrist</b>
<b>9.00am - 09:15am</b>	<b>Registration &amp; Refreshments</b>
<b>09:15am – 9:30am</b>	<b>Welcome</b> Ken Jarrold CBE, Trust Chairman
<b>09:30am – 10:15am</b>	<b>Introduction to Positive &amp; Safe</b> Dr Keith Reid, Consultant Psychiatrist and Paul Sams, Project Co-ordinator
	<b>Section 1: Does it Work?</b>
<b>10:15am – 11:00am</b>	<b>Safewards – Evidence Based Culture Change</b> Geoff Brennan of Star Wards
<b>11:00am – 11:15am</b>	<b>Refreshments</b>
<b>11:15am – 11:50am</b>	<b>Toward Safer Services – Developing the National Minimum Standards for Restrictive Intervention Reduction Plans</b> Gail Kay, Project Director, Mental Health Programme Lead
	<b>Section 2: Is it My Problem?</b>
<b>11:50am – 12:30pm</b>	<b>Reflections on Policy Initiatives to Reduce the use of Restrictive Interventions and What Happens Next</b> Guy Cross, Mental Health Policy Officer
<b>12:30pm – 1:30pm</b>	<b>Lunch</b>
<b>1:30pm – 2:30pm</b>	<b>Case Studies and Legal Principles</b> Dr Oliver Lord, Medico-Legal Advisor, MDU
	<b>Section 3: What Should I do?</b>
<b>2:30pm – 3:15pm</b>	<b>Delivering Violence Reduction and Less Restrictive Care in Our Own Subspecialties</b> <ul style="list-style-type: none"> <li>- Dr Richardson and Heather Ranson, Castleside MDT</li> <li>- Dr Ince and Mitford MDT member</li> <li>- Dr Stoddart and Jackie Hudson, Aidan MDT</li> <li>- Dr Conway and Aldervale MDT member</li> </ul>
<b>3:15pm – 3:30pm</b>	<b>Refreshments</b>
<b>3:30pm – 4:15pm</b>	<b>Making SMART Goals to Reduce Ward Incidents</b> Talk 1 <sup>st</sup> Team: Dr Keith Reid, Paul Sams, Ron Weddle, Rod Bowles, Craig Newby
<b>4:15pm – 4:30pm</b>	<b>Questions &amp; Feedback</b>